

# Whitening Options

## Your Smile Is Your Greatest Asset.....

Drs. Penski & Irvin offer two whitening options for brightening your smile. We look forward to assisting you in selecting the option which will work easily into your lifestyle and provide you with the best results.

### Whitening Trays (take home).....\$700.00

These trays are custom made for each patient to wear over their teeth. The trays may be reused for future touch-ups. You may choose to wear the trays daytime or nighttime. They may be worn for periods of 30 minutes up to 4 hours. Some patients choose to wear the trays while sleeping. The trays should be used from 1 – 3 weeks.

### Opalescence X-tra (in office).....\$1100.00 and Whitening Trays (take home)

This method of whitening is performed in the office with a whitening solution and a light-curing device. The procedure takes approximately 90 minutes. You will also be provided with custom take home trays for further whitening and future touch-up. If you already have custom trays, the cost will be **\$800.00**

## Only your dentist can get your teeth their brightest!!

Individual results may vary due to the type of tooth discoloration and are not guaranteed. Existing restorations such as crowns, veneers and/or fillings will not whiten along with the surrounding natural tooth structure and may need to be re-done in order to achieve a consistent shade. Smoking, drinking red wine, coffee and tea and consumption of some foods may stain your teeth and delay the whitening process. If you have any questions, please do not hesitate to ask any one of our team members.

## Frequently Asked Questions...

Q. Will I have sensitivity?

A. Responses range from no sensitivity at all, to significant discomfort. The most common desensitizing agent is fluoride. All sensitivity is transient.

Q. Will this harm my teeth?

A. Whitening is well-studied and documented to be safe and effective. It is not approved for pregnant women or nursing mothers.

Q. How often will I need to touch-up?

A. Results differ from person to person. Results depend upon the original tooth color, diet and if you smoke.

Q. How much brighter will my teeth get?

A. Individual results will vary due to original tooth color and your personal habits, but everyone's teeth will get brighter. We will document your original shade and follow you throughout your brightening process. We will advise you when we feel you have reached your optimum brightness.